

Report from Cryonics UK training (9th to 10th March 2013)

Posted by Derek Watkinson on March 16th 2013

Twelve people made it to the March training weekend for Cryonics UK. A couple of regulars sent apologies for their absence due to illness and a handful of new enquirers were unable to attend at the last minute.

Saturday kicked off with a brew, of course, followed by a briefing on the features and operation of the new ambulance. We then moved on to an overview of our standby and recovery procedures for the benefit of newcomers and to serve as a reminder to the regulars.

The traditional heart-attack-lunch of fish and chips was followed by another overview, this time of the meds kit, looking at what's in it and how it's prepared and administered. A more detailed examination of the meds was reserved for Sunday.

We finished off the training element of the day with a practical exercise: application of the intraosseous infuser and mechanical cardiac support.

That left us with the quarterly committee meeting to tackle and then out for a curry. The minutes are at the end of this report.

Sunday morning was dedicated to a detailed examination of each medication, how the dose is established, drawn, administered and its function. A number of issues cropped up with inconsistencies between the numerous versions of meds prep data sheets that we hold. In particular, queries were raised regarding dosage variations and order of administration. Tim will be reviewing the kit and data sheets and including more spare admin supplies.

In the afternoon session, we tackled multiple run throughs of setting up and running the perfusion system. This was, at one time, an area that caused anxiety and confusion amongst CUK volunteers but is now becoming a relatively painless part of our repertoire.